

SALADS

serves 5-7

MEDITERRANEAN STEAK

feta, cherry tomatoes, pickled cucumbers, sweet peppers, green olives, red gem lettuces, arugula, lemon vinaigrette

CHIPOTLE BBQ CHICKEN

avocado, queso fresco, radish, green onions, crispy tortilla, cilantro, romaine, lime dressing

GRILLED CHICKEN COBB

blue cheese, bacon, egg, avocado, cherry tomatoes, romaine, tarragon dressing

ITALIAN CHOP

salami, mortadella, provolone, pecorino cheese, cherry tomatoes, sweet peppers, onions, basil, pepperoncini, radicchio, red gem lettuce, roasted tomato vinaigrette



TUNA NICOISE

cherry tomatoes, roasted fingerling potatoes, capers, french green beans, egg, olives, baby greens, sherry vinaigrette

HAPPIER VEGAN

baked falafel, braised beans, hummus with evoo, heirloom cherry tomatoes, pickled cucumbers, onions, roasted peppers, baby lettuces, sunflower seed pesto, sherry vinaigrette

PASTAS

serves 10

BOLOGNESE

slow cooked pork bolognese, fusilli pasta, grated pecorino cheese

MAC & CHEESE

fusilli, parmesan, cheddar, and mozzarella cheese

CHICKEN PESTO

sunflower seed pesto, casarecce pasta, green beans, roasted potatoes, Divina tomatoes, basil and parmesan cheese

DESSERTS

MINI CHOCOLATE CHUNK COOKIES

1 dozen

CARROT CUPCAKE

individual

OLIVE OIL CAKE

individual

BEVERAGES

1/2 Gallon
serves 4-5

SEASONAL AGUA FRESCA

ICED GREEN OR BLACK TEA

MINT LEMONADE

HIBISCUS TEA

BOTTLED WATER

individual (still or sparkling)

tender greens

Catering

(310) 868-0016



[TENDERGREENS.COM/CATERING](https://www.tendergreens.com/catering)
CATERING@TENDERGREENS.COM

ALLERGY WARNING: Although efforts are made to avoid cross-contamination of allergens, we cannot guarantee that food items will not inadvertently come in contact with one another during preparation. **BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR ORDER TAKER IF ANYONE IN YOUR PARTY HAS AN ALLERGY.**

RAW FOOD WARNING: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. **ADDITIONAL NUTRITION & ALLERGEN INFORMATION AVAILABLE UPON REQUEST AND ONLINE AT [TENDERGREENS.COM](https://www.tendergreens.com).** **ALLERGEN KEY:** ● GLUTEN ● NUTS ● RAW ● VEGAN

SANDWICHES

ALL SANDWICHES COME CUT IN HALF

TRAY A

12 halves

TRAY B

12 halves + 1 side

TRAY C

12 halves + 2 sides

CHICKEN PESTO •

chicken breast, provolone, preserved tomatoes, arugula, sunflower seed pesto, aioli, grilled Larder Bakery sourdough

CHIPOTLE BBQ CHICKEN •

chipotle bbq chicken breast, spicy aioli, queso fresco, avocado, grilled Larder Bakery sourdough

TOMATO MOZZARELLA •

mozzarella, preserved tomatoes, arugula, sunflower seed pesto, aioli, grilled Larder Bakery sourdough

SALAMI & PROVOLONE ••

mortadella, provolone, sunflower seed pesto, giardiniera, aioli, grilled Larder Bakery sourdough

LUNCH BOXES

(12 BOX MINIMUM)

SANDWICH BOX

FULL OR HALF SANDWICH & CHIPS (sea salt, bbq or salt & vinegar)
with a MINI CHOCOLATE CHUNK COOKIE
(upgrade to a premium side for an additional charge)

CHICKEN
PESTO

FULL
HALF

CHIPOTLE BBQ
CHICKEN

FULL
HALF

TOMATO
MOZZARELLA

FULL
HALF

SALAMI &
PROVOLONE

FULL
HALF

SIDES: mashed potatoes, seasonal vegetables,
romaine hearts, baby greens, pasta pearls

SALAD BOX

with 1/2 grilled Larder Bakery sourdough

MEDITERRANEAN STEAK

CHIPOTLE BBQ CHICKEN

GRILLED CHICKEN COBB

GRILLED SALMON

TUNA NICOISE

ITALIAN CHOP

PLATES

ALL PLATES ARE PACKAGED FAMILY STYLE

SMALL serves 10-12 | LARGE serves 15-20

OPTION A

2 signature proteins
+ 2 sides

SMALL
LARGE

OPTION B

1 signature protein +
1 premium protein + 2 sides

SMALL
LARGE

OPTION C

2 premium proteins
+ 2 sides

SMALL
LARGE

ALL ITEMS BELOW ARE ALSO AVAILABLE A LA CARTE

SIGNATURE PROTEINS

serves 5

Salt & Pepper Chicken

Chipotle BBQ Chicken

Buttermilk Fried Chicken •

Baked Falafel •

SIDES serves 10

Mashed Potatoes

Roasted Potatoes •

Brown or Sushi Rice •

Seasonal Vegetables

Baby Spinach •

Laura Chenel goat cheese, toasted almonds, cabernet vinaigrette

Baby Arugula

parmesan, shaved fennel, lemon vinaigrette

EXTRAS

SALAD DRESSING 16oz

GRAVY 16oz

PREMIUM PROTEINS

serves 5

Grilled Steak

Grilled Salmon

Seared Tuna •

Grilled Shrimp

Baby Greens •

sherry vinaigrette

Romaine Hearts •

parmesan, sourdough croutons,
caesar dressing

Farro Salad •••

dried cranberries, toasted almonds,
arugula, golden balsamic vinegar

Braised Beans •

herbs, tomato sauce and sunflower
seed pesto

KETTLE CHIPS

sea salt, bbq or salt & vinegar

Taste
the Love