

SALADS

MEDITERRANEAN STEAK

feta, cherry tomatoes, pickled cucumbers, sweet peppers, green olives, herbs, red gem lettuces, arugula, lemon vinaigrette

TUNA NICOISE

cherry tomatoes, roasted fingerling potatoes, capers, french green beans, egg, olives, baby greens, sherry vinaigrette

HAPPIER VEGAN

falafel, harissa sauce, farro wheat, seasonal hummus, heirloom cherry tomatoes, pickled cucumbers, onions, roasted peppers, baby lettuces, sherry vinaigrette

PASTAS serves 10

BOLOGNESE

slow cooked pork bolognese, fusilli pasta, grated pecorino cheese

MAC & CHEESE

fusilli, parmesan, cheddar, and mozzarella cheese

CHICKEN PESTO

sunflower seed pesto, casarecce pasta, green beans, roasted potatoes, Divina tomatoes, basil and parmesan cheese



[TENDERGREENS.COM/CATERING](https://tendergreens.com/catering)
CATERING@TENDERGREENS.COM

KEY:  GLUTEN FRIENDLY  DAIRY FREE

 NUT FREE

 VEGAN

Please note: a 4% fee is applied to all items to comply with the Healthy SF Surcharge; DTSF location only. WARNING: while we take precautions to minimize cross-contact, we cannot guarantee that any menu item is completely free of allergens. Food may come into contact with shared preparation areas, utensils, equipment, and frying oil during cooking and service. Please inform your order taker of any food allergies before placing your order. RAW FOOD WARNING: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Additional nutrition and allergen information available upon request and online at tendergreens.com.

GRILLED CHICKEN COBB

blue cheese, bacon, egg, avocado, cherry tomatoes, romaine, tarragon dressing

CHIPOTLE BBQ CHICKEN

avocado, queso fresco, radish, green onions, crispy tortilla, cilantro, romaine, lime dressing

DESSERTS

MINI COOKIES 1 dozen

chocolate chunk

OLIVE OIL CAKE individual

CARROT CUPCAKE individual

MOSTESS CUPCAKE individual

BEVERAGES 1/2 Gallon serves 4-5

SEASONAL AGUA FRESCA

ICED GREEN OR BLACK TEA

MINT LEMONADE

HIBISCUS TEA

BOTTLED WATER

individual (still or sparkling)

tender greens

Catering

(310) 868-0016

SANDWICHES

ALL SANDWICHES COME CUT IN HALF

TRAY A

12 halves

TRAY B

12 halves + 1 side

TRAY C

12 halves + 2 sides

CHICKEN PESTO (NF)

chicken breast, provolone, preserved tomatoes, arugula, sunflower seed pesto, aioli, grilled Larder Baking Co. sourdough

TOMATO MOZZARELLA (NF)

mozzarella, preserved tomatoes, arugula, sunflower seed pesto, aioli, grilled Larder Baking Co. sourdough

CHIPOTLE BBQ CHICKEN (NF)

chipotle bbq chicken breast, spicy aioli, queso fresco, avocado, grilled Larder Baking Co. sourdough

LUNCH BOXES

(12 BOX MINIMUM)

SANDWICH BOX

FULL OR HALF SANDWICH & CHIPS (sea salt, bbq or salt & vinegar)
with a MINI CHOCOLATE CHUNK COOKIE
(upgrade to a premium side for an additional charge)

CHICKEN
PESTO

FULL
HALF

CHIPOTLE BBQ
CHICKEN

FULL
HALF

TOMATO
MOZZARELLA

FULL
HALF

SIDES: mashed potatoes, seasonal vegetables, romaine hearts, baby greens

SALAD BOX

with 1/2 grilled Larder Baking Co. sourdough

MEDITERRANEAN STEAK (GF) (NF)

CHIPOTLE BBQ CHICKEN (NF)

GRILLED CHICKEN COBB (GF) (NF)

GRILLED SALMON (GF) (DF) (NF)

TUNA NICOISE (GF) (DF) (NF)

PLATES

ALL PLATES ARE PACKAGED FAMILY STYLE

SMALL serves 10-12 | LARGE serves 15-20

OPTION A

2 signature proteins
+ 2 sides

SMALL
LARGE

OPTION B

1 signature protein +
1 premium protein + 2 sides

SMALL
LARGE

OPTION C

2 premium proteins
+ 2 sides

SMALL
LARGE

ALL ITEMS BELOW ARE ALSO AVAILABLE A LA CARTE

SIGNATURE PROTEINS

serves 5

Salt & Pepper Chicken (GF) (DF) (NF)

Chipotle BBQ Chicken (GF) (DF) (NF)

Country-Style Fried Chicken (NF)

Falafel (DF) (NF) (V)

SIDES serves 10

Mashed Potatoes (GF) (NF)

Roasted Potatoes (GF) (DF) (NF) (V)

Brown or Sushi Rice (GF) (DF) (NF) (V)

Seasonal Vegetables (GF) (DF) (NF) (V)

Baby Spinach (GF)

Laura Chenel goat cheese, toasted almonds, cabernet vinaigrette

Baby Arugula (GF) (NF)

parmesan, shaved fennel, lemon vinaigrette

PREMIUM PROTEINS

serves 5

Grilled Steak (GF) (DF) (NF)

Grilled Salmon (GF) (DF) (NF)

Seared Tuna (GF) (DF) (NF)

Grilled Shrimp (GF) (DF) (NF)

Baby Greens (GF) (DF) (NF) (V)
sherry vinaigrette

Romaine Hearts (NF)
parmesan, sourdough
croutons, caesar dressing

Farro Salad (DF) (V)
dried cranberries, toasted almonds, arugula, golden balsamic vinegar

EXTRAS

SALAD DRESSING 16oz

GRAVY 16oz

KETTLE CHIPS

sea salt, bbq or salt & vinegar

